


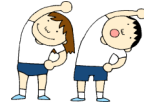
November 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Ed's Bootcamp (5-10a) Jazzercise (9:15a) Youth Basketball (6p)	2 Kickbox Rx (5-10a) Youth Basketball (6p) Jazzercise (6:30p) FLOW 9:30-2:30 	3 Ed's Bootcamp (5-10a) Jazzercise (9:15a) Youth Basketball (6p)	4 Kickbox Rx (5-10a) Youth Basketball (6p) Jazzercise (6:30p)	5 Jazzercise (9:15a) Basketball (11a-6p)  Cycle the City 8a-Dante Fascell Park
6 Jazzercise (10a) Open Gym (11a-2p) Words to Wisdom (12p-1p)	7 Kickbox Rx (5-10a) Youth Basketball (6p) Jazzercise (6:30p)	8 Ed's Bootcamp (5-10a) Jazzercise (9:15a) Youth Basketball (6p) One Day Camp	9 Kickbox Rx (5-10a) Youth Basketball (6p) Jazzercise (6:30p)	10 Ed's Bootcamp (5-10a) Jazzercise (9:15a) Youth Basketball (6p)	11  Facility Hours 10a-6p	12 Jazzercise (9:15a) Basketball (11a-6p)
13 Jazzercise (10a) Open Gym (11a-2p) Words to Wisdom (12p-1p)	14 Kickbox Rx (5-10a) Youth Basketball (6p) Jazzercise (6:30p)	15 Ed's Bootcamp (5-10a) Jazzercise (9:15a) Youth Basketball (6p)	16 Kickbox Rx (5-10a) Youth Basketball (6p) Jazzercise (6:30p) State of the City Address @ 6pm South Miami Hospital	17 Ed's Bootcamp (5-10a) Jazzercise (9:15a) Youth Basketball (6p)	18 Kickbox Rx (5-10a) Youth Basketball (6p) Jazzercise (6:30p)  Turkey Giveaway 6p	19 Jazzercise (9:15a) Basketball (11a-6p)
20 Jazzercise (10a) Open Gym (11a-2p) Words to Wisdom (12p-1p)	21 Kickbox Rx (5-10a) Youth Basketball (6p) Jazzercise (6:30p)	22 Ed's Bootcamp (5-10a) Jazzercise (9:15a) Youth Basketball (6p)	23 Kickbox Rx (5-10a) Youth Basketball (6p) Jazzercise (6:30p)	24  Happy Thanksgiving CLOSED	25  Facility Hours 10a-6p	26 Jazzercise (9:15a) Basketball (11a-6p)  Wonder Workshop 10:30a
27 Jazzercise (10a) Open Gym (11a-2p) Words to Wisdom (12p-1p)	28 Kickbox Rx (5-10a) Youth Basketball (6p) Jazzercise (6:30p)	29 Ed's Bootcamp (5-10a) Jazzercise (9:15a) Youth Basketball (6p)	30 Kickbox Rx (5-10a) Youth Basketball (6p) Jazzercise (6:30p)	Fitness Center Open: M-F: 5a to 10p Saturdays: 9a to 6p Sundays: 10a to 2p		Gibson-Bethel Community Center 5800 SW 66th St South Miami, FL 33143 305-668-3876 www.southmiamifl.gov

Programs and Classes - November 2016

Health and Fitness

Ed's Boot Camp: South Florida's oldest and most effective boot camp provider. Unlimited classes year round, no contracts, no registration fees. Equipment provided. Check out www.edsbootcamp.com or call 305-613-9920.



Kickbox Rx: By combining the elements of kickboxing, strength training and core conditioning that guarantee results. Check out www.kickboxrx.com or call 305-613-9920.



Jazzercise: A pulse-pounding, beat-pumping fitness program that gets you results fast. Check out www.jazzercise.com for more information or call 305-666-5457.

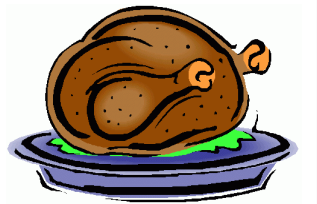


November Events

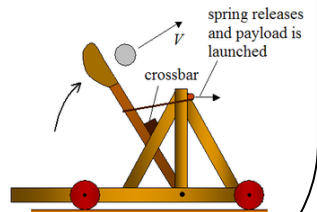
Cycle the City: Join us for a fun, 7 mile bike ride around South Miami on November 5th leaving from Dante Fascell Park at 8a. Light refreshments will be provided after the ride.



Turkey Giveaway: The city's Parks and Recreation Department's annual Turkey Giveaway will be on November 18th at 6p. Turkey's are first come, first serve and proof of South Miami residency must be provided in order to receive a turkey or food basket. Donations accepted at the center through the morning of the 18th.



STEM Wonder Workshop: Our next Wonder Workshop at Gibson-Bethel Community Center will be November 26th at 10:30am. Explore Civil Engineering and make a candy catapult! Preregistration is required for this activity. Register at www.southmiamifl.gov



State of the City

The Mayor's State of the City address will be held on November 16th at 6p at South Miami Hospital. This annual event is open to South Miami citizens. The mayor will speak about the city's plan for the upcoming year and about the accomplishments of the past year.



One Day Camp

There will be a One Day Camp on November 8th in recognition of MDCPS teacher planning days. Registration forms can be filled out and turned in at the Gibson-Bethel Community Center. The cost is \$10/child (resident) and \$30/child (non resident).



Tennis Lessons, & More!

Sign up for private lessons, reserve a court for your own play, take a class or join in the after school tennis program at Dante Fascell Park. For more information call the Tennis office at 305-666-8680 between the hours of 8a-12p and 2p-6p or email parcs@southmiamifl.gov.



F.L.O.W. is Here!

Florida License On Wheels will be at the Gibson-Bethel Community Center on 8/3/16. Renew a license, obtain a replacement license, change an address, get an ID card, or renew vehicle registration.



Happy Thanksgiving



Holiday Hours

The Community Center will be open on Friday, November 11 from 10a to 6p in observance of Veteran's Day. The center will be closed on Thanksgiving Day and open from 10a to 6p on the day after Thanksgiving.